

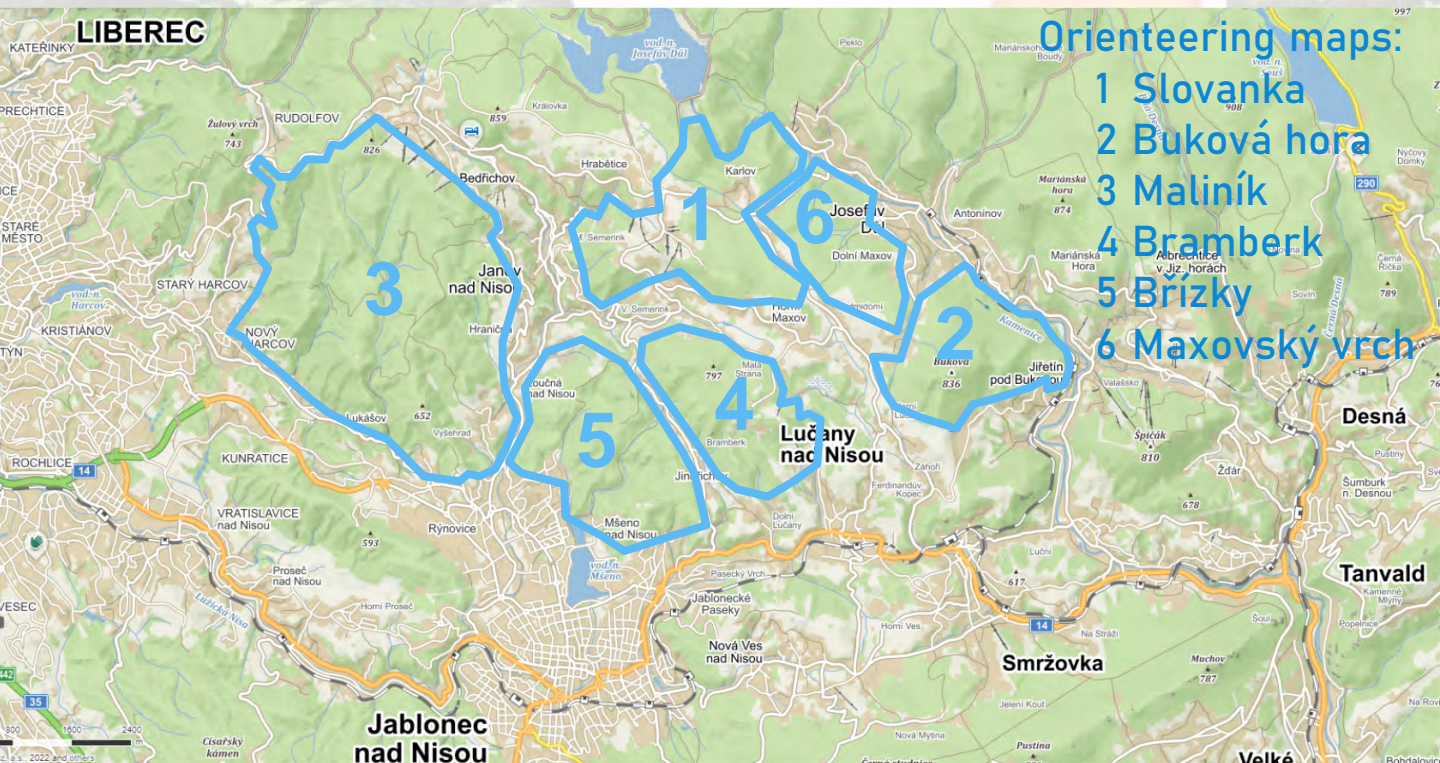
EMBARGOED AREAS as of August 2022

In compliance with ARDF Rules, Part A 2.4, embargoed areas marked in the map below are as of Aug 31, 2022 embargoed for any activity which may give any advantage to any 2023 World ARDF Championships participant. It is strictly forbidden:

- to organize any ARDF event or training,
- to organize any orienteering training or to take part in orienteering trainings,
- to train individually.

However, a participation at official orienteering events organized by Czech Orienteering Federation is allowed, as well as a cross-country skiing activity during the winter.

Jizera mountains (Jizerské hory) region



This embargo replaces embargo from July 2021 and is valid until its next update which may increase or decrease the number of embargoed areas and also change the character of the embargo.